
US	UK	EU / DE	FR	IT	Letter
0	4	30	32	36	XS
2	6	32	34	38	XS
4	8	34	36	40	S
6	10	36	38	42	S
8	12	38	40	44	M
10	14	40	42	46	M
12	16	42	44	48	L
14	18	44	46	50	L
16	20	46	48	52	XL

Notes